

## Navigating Behavior Change with the Help of Ted Carr

There are many ways in which Ted Carr has left his mark on the world...and humanity, just as there are many ways in which he touched the individual lives of the people fortunate enough to come to know him as a colleague and friend. Ted was a champion of PBS...and the legacy of his heartfelt work will continue to influence the field (and many of our personal lives) in the years to come. Ted had an intuitive sense and manner of going about his endeavors that served as a primary catalyst to the emergence of PBS as well as the establishment of APBS. One (of the many) lessons imparted by Ted was the relationship between science and values in behavior change...that being that science tells us *how* we can change things, but values tell us *what* is worth changing (Carr, 1996). This way of thinking...and challenging the evolving nature of PBS is what I remember most from Ted's teachings. Not surprisingly, the title of our annual APBS conference reflects Ted's influence along these same lines (i.e. The Expanding World of PBS: Science, Values and Vision). While each year the annual conference of APBS grows in breadth and quality, I know that this year when I look at the conference title on the cover of the program I will see Ted's face (and hear his voice) pushing us all to strive forward in his usual scientific and humorous manner. I will miss Ted greatly on a personal level...and I will miss our conversations...but I find some degree of comfort in knowing that Ted's teachings will be with me (and the field) well in to the future.

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