Activity, Part 1: Brainstorming for Circles

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| Greetings/Focusing Moment |  |
| Feelings Check-In |  |
| Activity |  |
| Closing |  |

Activity, Part 2: Building Your Own Circle

Your Setting:

The focus/purpose of the circle:

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| --- | --- |
| Greetings/Focusing Moment |  |
| Feelings Check-In |  |
| Activity |  |
| Closing |  |